

## **Sara Parker / Contemporary Jazz**

**Sara Parker is a dance and movement artist who currently teaches, creates, and performs throughout the Portland-area. She holds an MFA in Modern Dance from the University of Utah (2015) and a B.S. in Dance from the University of Oregon (2009). These formalized experiences have provided her the ability to integrate thought and experience into action as she engages with dance and movement in the span of her career.**

**Motivated by creativity, Sara values dance as a radical act of liberating one's body to more fully engage and connect with the deeper and subtle layers of existence. She is enamored by 'what comes up' in the studio, and the relationship between her lived experience and the 'bigger picture'. The micro and macrocosm. Sara believes that dance is a powerful catalyst for personal and communal revolution and her aim is to make a positive impact through teaching, choreography, and performance.**